

Social Skills Lesson Plan

Classroom

Skill: Be Safe – Use Walking Feet

Steps:

1. Introduce a way to be safe is to use walking feet in the classroom.
2. Ask students: When do we need to use our walking feet? (Possible answers: when we are inside, when going to the playground, when going to the bus, when going home, etc...).
3. Discuss with students why it is safe to use walking feet instead of running in the classroom.
4. Students can trace their friends' feet on construction paper and make a course/trail to follow as they practice walking.
5. Use pre-corrects all day everyday this week-before changing activities, Remind children to use walking feet.

Modeling/Role Play

1. Model walking, marching, stomping -e.g., "walking feet go 1 and 2 and 3 and 4 and 5"
2. Have students practice walking softly, loudly, quickly, slowly, forward, backward

Possible Materials

1. Lightweight books for students to balance on their heads as they practice walking softly. Read Caps for Sale
2. Storybooks about animals (have students walk like a duck, horse, cat, elephant, etc...)
3. Follow the Leader, Simon Says, Robert Frost Poem

Homework: Tell parents in a letter to ask their child where did they use their walking feet today.

Other information: Review at the end of the week